

CHIC & CRAFT MINI: BABY TROUSERS



MATERIALS REQUIRED

An adult T-shirt, a newspaper, tailor chalk, elastic band, a safety pin, scissors, pins, thread, and a needle.

DEGREE OF DIFFICULTY

High.

APPROXIMATE TIME REQUIRED

5 hours.

LEARNING GOALS

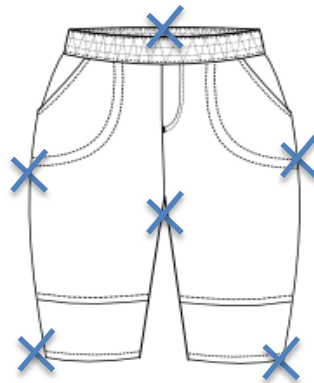
Learn how to reuse an old T-shirt and make with it a pair of trousers for a baby.

ABILITIES DEVELOPED

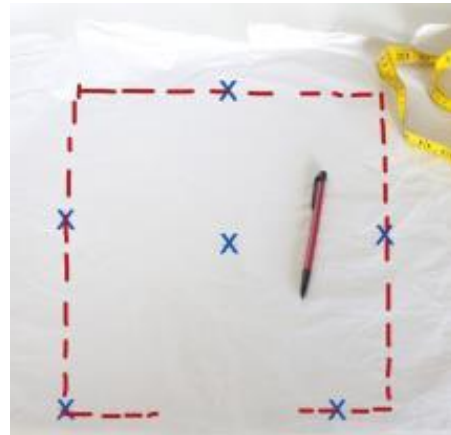
Attention, determination, fine handling, accuracy, hand-eye dexterity, creativity, team working.

STEP-BY-STEP INSTRUCTIONS

1. The measurements of your trousers will depend on how old is the baby they are destined to. The easiest thing to do is to pick up another one and use it as a reference; make your pattern using it and you will not have any problem with the size.
2. Now do the pattern: lay the pair of trousers flat over a newspaper sheet and mark 6 points, just as you can see in this picture:



3. Join these marks by drawing a rectangle. Do it as shown in the picture:



4. Mark how wide do you want your inseam to be and join it with the point you had drawn in the crotch by forming an arch. Fold the paper in halves, placing the crotch cross in the middle.



5. Cut the paper and your pattern will be ready.

6. Place the pattern over the T-shirt. The pattern corresponds with the trousers measurements- but remember that you will have to sew it, so add one centimetre more all over it. At the upper part you will need to add 5 centimetres more, in order to do the waistband. Draw the contour with a tailor chalk.





7. Once you have drawn your pattern, cut it carefully with a pair of scissors. Repeat this operation in order to get the back side (the front side and the back are exactly identical).



8. Sew the contour, except for the upper and lower part (waistband and ankles). It is better if you sew with zigzag stitches because it will give some extra elasticity to your trousers. Keep in mind that the seams should not be seen, so turn the trousers inside out before sewing.



9. It is time to make the waistband: fold 4 centimetres more or less and sew it up. Sew all the contour except for a little hole, through which you will introduce the elastic band.





10. Help yourself with a safety pin when putting the elastic band inside the waistband. Make sure the elastic band doesn't get twisted when putting it inside. Sew its to ending together Sew it carefully, even twice, because you will stretch it multiple times and it could undo.

11. Finally, sew up the little hole you hadn't sewn before. Turn your trousers inside out and...they will be ready!

TIPS

If you want to get a pair of crawling-proof trousers you can add knee-patches. You just have to cut to identical olvals from a piece of fabric (if possible use corduroy, because it is the most resistant fabric) and sew them on the knees.

Choose the zigzag sewing mode on your sewing machine when doing the seams; this will make your trousers a little bit more elastic and it will ease putting on and off the trousers to the baby.